

E R G E B N I S L I S T E

28. Kalmit-Berglauf über 8.1 km / 505 Hm - TV Maikammer - 16. November 2019

| Platz | Name | Verein | Nat. | JG | Zeit | Klas. | Rang | Stnr. | Punkte |
|-------|-----------------------|----------------------------|------|------|---------|-------|------|-------|--------|
| 1 | Lehmann Jonas | TUS Heltersberg | | 1989 | 0:31:06 | M30 | 1 | 1 | 300,27 |
| 2 | Lutz Fabian | LG Telis Finanz Regensburg | | 1992 | 0:31:36 | MHK | 1 | 368 | 296,25 |
| 3 | Fink Leander | TV Alzey LT Gasser | | 2001 | 0:33:19 | MJU20 | 1 | 74 | 282,47 |
| 4 | Nies Lennart | TV Maikammer | | 1986 | 0:33:57 | M30 | 2 | 4 | 277,38 |
| 5 | Rahm Max | LC Donnersberg | | 1997 | 0:34:07 | MHK | 2 | 394 | 276,04 |
| 6 | Lüttel Florent | Metz Triathlon | FRA | 2001 | 0:34:16 | MJU20 | 2 | 177 | 274,84 |
| 7 | Weidler Mark | TUS Heltersberg | | 1990 | 0:34:21 | MHK | 3 | 600 | 274,17 |
| 8 | Ullrich Philipp | TV Bad Bergzabern | | 1992 | 0:34:29 | MHK | 4 | 3 | 273,10 |
| 9 | Plappert Malte | Tri-Team Heuchelberg | | 1995 | 0:34:40 | MHK | 5 | 328 | 271,63 |
| 10 | Barnsteiner Alexander | LLG Landstuhl | | 1974 | 0:34:40 | M45 | 1 | 16 | 271,63 |
| 11 | Becker Jens | TV Lemberg | | 1980 | 0:34:48 | M35 | 1 | 22 | 270,56 |
| 12 | Müller Karsten | LG Region Karlsruhe | | 1987 | 0:35:22 | M30 | 3 | 488 | 266,01 |
| 13 | Geissler Michel | ASC Darmstadt | | 1993 | 0:35:55 | MHK | 6 | 88 | 261,59 |
| 14 | Lüttel Julian | ASPTT Strasbourg Triathlon | FRA | 2001 | 0:36:00 | MJU20 | 3 | 178 | 260,92 |
| 15 | Bollinger Klemens | SV Nikar Heidelberg | | 1967 | 0:36:02 | M50 | 1 | 504 | 260,65 |
| 16 | Erath Hannes | Tri-Team Heuchelberg | | 2001 | 0:36:27 | MJU20 | 4 | 69 | 257,31 |
| 17 | Scholl Tobias | TUS Rüppurr Laufftreff | | 1980 | 0:36:32 | M35 | 2 | 314 | 256,64 |
| 18 | Reschwamm Stefan | Karlsruher Lemminge | | 1995 | 0:36:37 | MHK | 7 | 213 | 255,97 |
| 19 | Lüttel Uli | Karlsruher Lemminge | | 1971 | 0:36:47 | M45 | 2 | 176 | 254,63 |
| 20 | Stiehl Silas | LSG Karlsruhe | | 1996 | 0:36:49 | MHK | 8 | 259 | 254,36 |
| 21 | Schnider Roman | LSG Karlsruhe | | 1978 | 0:37:00 | M40 | 1 | 238 | 252,89 |
| 22 | Raatz Simone | ASC Darmstadt | | 1976 | 0:37:06 | W40 | 1 | 10 | 252,09 |
| 23 | Viering Adrian | Karlsruher Lemminge | | 1994 | 0:37:17 | MHK | 9 | 273 | 250,62 |
| 24 | Lutz Rainer | LSG Schmelz-Hüttersdorf | | 1979 | 0:37:35 | M40 | 2 | 179 | 248,21 |
| 25 | Sch lindwein Florian | TV Maikammer | | 1980 | 0:37:41 | M35 | 3 | 431 | 247,40 |
| 26 | Bauer Thomas | TF Feuerbach | | 1962 | 0:37:42 | M55 | 1 | 18 | 247,27 |
| 27 | Transier Joachim | Schifferstadt | | 1965 | 0:37:49 | M50 | 2 | 65 | 246,33 |
| 28 | Debertin Dirk | Karlsruher Lemminge | | 1967 | 0:38:03 | M50 | 3 | 364 | 244,46 |
| 29 | Butzer Peter | LSG Karlsruhe | | 1966 | 0:38:07 | M50 | 4 | 49 | 243,92 |
| 30 | Linkkonen Oskari | Stuttgart | | 1987 | 0:38:12 | M30 | 4 | 436 | 243,25 |
| 31 | Clipet Thiboud | Landau Running Company | | 1983 | 0:38:16 | M35 | 4 | 506 | 242,72 |
| 32 | Schatz Sebastian | TV Herxheim | | 1988 | 0:38:18 | M30 | 5 | 403 | 242,45 |
| 33 | Wendt Christian | LSG Karlsruhe | | 1978 | 0:38:20 | M40 | 3 | 284 | 242,18 |
| 34 | Weishaar Thomas | LC Bad Dürkheim | | 1965 | 0:38:25 | M50 | 5 | 414 | 241,51 |
| 35 | Krämer Christian | Karlsruher Lemminge | | 1996 | 0:38:31 | MHK | 10 | 153 | 240,71 |
| 36 | Haak Steffen | Karlsruher Lemminge | | 1982 | 0:38:45 | M35 | 5 | 322 | 238,84 |
| 37 | Andes Matthias | 1. FC Kaiserslautern | | 1987 | 0:38:51 | M30 | 6 | 9 | 238,04 |
| 38 | Forster Marco | TUS Glan-Münchweiler | | 1978 | 0:38:58 | M40 | 4 | 535 | 237,10 |
| 39 | Nowak Mathias | Landau Running Company | | 1982 | 0:39:00 | M35 | 6 | 537 | 236,83 |
| 40 | Drabold Matthias | LC Haßloch | | 1985 | 0:39:04 | M30 | 7 | 437 | 236,30 |
| 41 | Beck Dominik | Karlsruher Lemminge | | 1996 | 0:39:19 | MHK | 11 | 20 | 234,29 |
| 42 | Weick Fabian | Karlsruher Lemminge | | 1995 | 0:39:25 | MHK | 12 | 280 | 233,49 |
| 43 | Mahler Fabian | TV Gimmeldingen | | 1985 | 0:39:25 | M30 | 8 | 380 | 233,49 |
| 44 | Laudage Jens | TV Gimmeldingen | | 1971 | 0:39:27 | M45 | 3 | 440 | 233,22 |
| 45 | Clipet Anna | Landau Running Company | | 1986 | 0:39:30 | W30 | 1 | 505 | 232,82 |
| 46 | Binder Jürgen | TUS Heltersberg | | 1960 | 0:39:32 | M55 | 2 | 32 | 232,55 |
| 47 | Balzulat Clemens | TUS Otterbach | | 2002 | 0:39:43 | MJU18 | 1 | 547 | 231,08 |
| 48 | Erb Daniel | RC Silberpils Bellheim | | 1984 | 0:39:48 | M35 | 7 | 335 | 230,41 |
| 49 | Cagol Lea | LSG Karlsruhe | | 1996 | 0:39:54 | WHK | 1 | 467 | 229,60 |
| 50 | Böshar Karl-Peter | TUS Glan-Münchweiler | | 1969 | 0:39:57 | M50 | 6 | 339 | 229,20 |
| 51 | Reif Marcus | TV Mußbach Tria | | 1968 | 0:40:05 | M50 | 7 | 210 | 228,13 |
| 52 | Ofner Wolf | . | | 1978 | 0:40:07 | M40 | 5 | 593 | 227,86 |
| 53 | Karweit Hanno | . | | 1984 | 0:40:08 | M35 | 8 | 628 | 227,73 |
| 54 | Krezdorn Uli | TSG Grünstadt | | 1977 | 0:40:15 | M40 | 6 | 155 | 226,79 |
| 55 | Hoefler Wolfgang | Meckenheim | | 1970 | 0:40:19 | M45 | 4 | 408 | 226,26 |
| 56 | Müller Sylvie | ASC Darmstadt | | 1991 | 0:40:20 | WHK | 2 | 194 | 226,12 |

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|-----|--------------------|------------------------------|------|---------|-------|----|-----|--------|
| 57 | Renfer Daniel | Neustadt | 1988 | 0:40:25 | M30 | 9 | 327 | 225,46 |
| 58 | Rysanek Joel | LC Haßloch | 1990 | 0:40:35 | MHK | 13 | 524 | 224,12 |
| 59 | Katz Eva | RC Vorwärts Speyer | 1976 | 0:40:40 | W40 | 2 | 317 | 223,45 |
| 60 | Matheis Bernd | Ludwigshafener SV | 1967 | 0:40:43 | M50 | 8 | 463 | 223,05 |
| 61 | Kron Raimund | Frankenthaler SV | 1968 | 0:40:43 | M50 | 9 | 565 | 223,05 |
| 62 | Renner Sören | LC Haßloch | 2003 | 0:40:49 | MJU18 | 2 | 398 | 222,24 |
| 63 | Deger Manfred | LSG Karlsruhe | 1965 | 0:40:49 | M50 | 10 | 54 | 222,24 |
| 64 | Virat Clement | Karlsruher Lemminge | 1995 | 0:40:49 | MHK | 14 | 274 | 222,24 |
| 65 | Grün Jörg | Landau | 1984 | 0:40:53 | M35 | 9 | 100 | 221,71 |
| 66 | Haajanen Sofia | . | 1987 | 0:40:56 | W30 | 2 | 435 | 221,31 |
| 67 | Gebler Tim | ASC Darmstadt | 1991 | 0:40:57 | MHK | 15 | 84 | 221,17 |
| 68 | König Stefan | LT Rheinhessen-Pfalz | 1969 | 0:40:57 | M50 | 11 | 151 | 221,17 |
| 69 | Brückom Florian | Team Ephialtes | 1989 | 0:40:59 | M30 | 10 | 46 | 220,90 |
| 70 | Mann Svenja | ASC Darmstadt | 1978 | 0:41:03 | W40 | 3 | 181 | 220,37 |
| 71 | Bambach Katja | LLG Landstuhl | 1971 | 0:41:15 | W45 | 1 | 562 | 218,76 |
| 72 | Ditter Lukas | Durlach | 1997 | 0:41:17 | MHK | 16 | 541 | 218,50 |
| 73 | Flöter Daniel | LSG Karlsruhe | 1978 | 0:41:18 | M40 | 7 | 77 | 218,36 |
| 74 | Dietz Nadia | LG Brandenkopf | 1996 | 0:41:21 | WHK | 3 | 411 | 217,96 |
| 75 | Schumacher Achim | LAZ Mosbach-Elztal | 1963 | 0:41:28 | M55 | 3 | 240 | 217,02 |
| 76 | Groch Martin | LG Ohmbachsee | 1971 | 0:41:31 | M45 | 5 | 418 | 216,62 |
| 77 | Luck Rolf | SRL Triathlon Koblenz | 1969 | 0:41:33 | M50 | 12 | 173 | 216,35 |
| 78 | Bischoff Natascha | LSG Karlsruhe | 1971 | 0:41:34 | W45 | 2 | 37 | 216,22 |
| 79 | Seel Claudia | TV Kirkel | 1972 | 0:41:40 | W45 | 3 | 247 | 215,42 |
| 80 | Tjoa Thorsten | TV Nöttingen | 1963 | 0:41:46 | M55 | 4 | 268 | 214,61 |
| 81 | Schneider Peter | Sobi Fidelio | 1968 | 0:41:48 | M50 | 13 | 237 | 214,35 |
| 82 | Zwissler Sascha | Maikammer | 1992 | 0:41:49 | MHK | 17 | 448 | 214,21 |
| 83 | Krenz Thomas | Etzelsolarpower | 1978 | 0:41:50 | M40 | 8 | 522 | 214,08 |
| 84 | Faller Joachim | kit_mtb | 1992 | 0:41:55 | MHK | 18 | 607 | 213,41 |
| 85 | Irnich Norbert | LSG Karlsruhe | 1962 | 0:41:57 | M55 | 5 | 125 | 213,14 |
| 86 | Zeitmann Tobias | Karlsruher Lemminge | 1988 | 0:42:00 | M30 | 11 | 299 | 212,74 |
| 87 | Krüger Michael | LSG Karlsruhe | 1966 | 0:42:04 | M50 | 14 | 331 | 212,21 |
| 88 | Reis Michael | LG MuLi | 1976 | 0:42:09 | M40 | 9 | 465 | 211,54 |
| 89 | Raab Marion | VT Contwig | 1974 | 0:42:14 | W45 | 4 | 208 | 210,87 |
| 90 | Laible Andreas | . | 1986 | 0:42:24 | M30 | 12 | 608 | 209,53 |
| 91 | Höfeler Freya | LSG Karlsruhe | 1991 | 0:42:27 | WHK | 4 | 115 | 209,13 |
| 92 | Pfeifer Dirk | Prozesspunkt null Bexbach | 1977 | 0:42:30 | M40 | 10 | 205 | 208,73 |
| 93 | Soller Peter | TSG Oberaula | 1980 | 0:42:31 | M35 | 10 | 252 | 208,59 |
| 94 | Renz Uwe | LSG Karlsruhe | 1957 | 0:42:32 | M60 | 1 | 348 | 208,46 |
| 95 | Kirn Michael | kit_mtb | 1994 | 0:42:33 | MHK | 19 | 602 | 208,32 |
| 96 | Matheis Manuel | Ludwigshafener SV | 2001 | 0:42:33 | MJU20 | 5 | 462 | 208,32 |
| 97 | Mauer Eddi | Dreikraft Neunkirchen | 1967 | 0:42:37 | M50 | 15 | 325 | 207,79 |
| 98 | Schwab Jan | LG Idar-Oberstein | 1966 | 0:42:38 | M50 | 16 | 241 | 207,66 |
| 99 | Kohler Bernd | Dreikraft Neunkirchen | 1969 | 0:42:39 | M50 | 17 | 367 | 207,52 |
| 100 | Sandmaier Jürgen | . | 1959 | 0:42:41 | M60 | 2 | 461 | 207,25 |
| 101 | Muschkeit Johannes | Karlsruher Lemminge | 1998 | 0:42:42 | MHK | 20 | 197 | 207,12 |
| 102 | Koch Maximilian | BMW Cuntz Neustadt | 1984 | 0:42:43 | M35 | 11 | 145 | 206,99 |
| 103 | Würz Andreas | Fitness & Bewegung Pirmasens | 1980 | 0:42:48 | M35 | 12 | 297 | 206,32 |
| 104 | Herrgen Silke | Landau Running Company | 1978 | 0:42:49 | W40 | 4 | 12 | 206,18 |
| 105 | Spranck Matthias | LSG Karlsruhe | 1968 | 0:42:53 | M50 | 18 | 254 | 205,65 |
| 106 | Volz Erwin | PSV Wengerohr | 1959 | 0:42:54 | M60 | 3 | 417 | 205,51 |
| 107 | Bossert Ralf | LG Westerwald | 1951 | 0:42:56 | M65 | 1 | 40 | 205,25 |
| 108 | Schwedes Sascha | Karlsruher Lemminge | 1981 | 0:43:00 | M35 | 13 | 245 | 204,71 |
| 109 | Isigkeit Volker | Oberursel | 1966 | 0:43:02 | M50 | 19 | 449 | 204,44 |
| 110 | Heine Ingo | Kaiserslauterer Schwimmklub | 1967 | 0:43:03 | M50 | 20 | 551 | 204,31 |
| 111 | Knorr Peter | SUB 50 | 1976 | 0:43:08 | M40 | 11 | 591 | 203,64 |
| 112 | Andrae Harald | Wanderfreunde Spall | 1965 | 0:43:10 | M50 | 21 | 13 | 203,37 |
| 113 | Weingart Joachim | LG Ohmbachsee | 1958 | 0:43:12 | M60 | 4 | 282 | 203,10 |
| 114 | Beil Peter | LSG Karlsruhe | 1951 | 0:43:13 | M65 | 2 | 23 | 202,97 |
| 115 | Deck Sebastian | LC Donnersberg | 1999 | 0:43:15 | MHK | 21 | 576 | 202,70 |
| 116 | Lahm Steffen | TUS Heltersberg | 1982 | 0:43:16 | M35 | 14 | 158 | 202,57 |
| 117 | Hölderich Philipp | TV Rheinzabern | 1988 | 0:43:16 | M30 | 13 | 341 | 202,57 |
| 118 | Fröhlich Peter | Karlsruhe-Bergwald | 1967 | 0:43:19 | M50 | 22 | 81 | 202,17 |

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| 119 | Kirchmer Michael | LCO Edenkoben | 1971 | 0:43:23 | M45 | 6 | 323 | 201,63 |
| 120 | Winkler Marc | LSG Karlsruhe | 1983 | 0:43:26 | M35 | 15 | 290 | 201,23 |
| 121 | Mechelke Aaron | Zürich | 1985 | 0:43:27 | M30 | 14 | 321 | 201,10 |
| 122 | Hierold Marc | TV Mußbach | 2003 | 0:43:28 | MJU18 | 3 | 111 | 200,96 |
| 123 | Bernhard Marika | TV Herxheim | 1972 | 0:43:29 | W45 | 5 | 375 | 200,83 |
| 124 | Sagadin Christian | Alpenfuchs | 1991 | 0:43:31 | MHK | 22 | 222 | 200,56 |
| 125 | Deiß Sonja | LC Bad Dürkheim | 1978 | 0:43:32 | W40 | 5 | 613 | 200,43 |
| 126 | Morgenstern Kai | TSV Kandel | 1973 | 0:43:37 | M45 | 7 | 190 | 199,76 |
| 127 | Ost Hartmut | LC Donnersberg | 1952 | 0:43:40 | M65 | 3 | 202 | 199,36 |
| 128 | Manz Yvonne | TV Maikammer | 1974 | 0:43:43 | W45 | 6 | 333 | 198,96 |
| 129 | Hansmann Simon | Karlsruhe-Rüppurr | 1980 | 0:43:44 | M35 | 16 | 487 | 198,82 |
| 130 | Bernhard Ralf | TV Rheinzabern | 1965 | 0:43:45 | M50 | 23 | 376 | 198,69 |
| 131 | Bischoff Lukas | 1. FC Kaiserslautern | 2003 | 0:43:46 | MJU18 | 4 | 36 | 198,55 |
| 132 | Hofsäb Jakob | LC Haßloch | 2002 | 0:43:47 | MJU18 | 5 | 397 | 198,42 |
| 133 | Stattmüller Jürgen | TV Bad Bergzabern | 1966 | 0:43:48 | M50 | 24 | 257 | 198,29 |
| 134 | Kienle Theo | RV Kirrlach | 1983 | 0:43:48 | M35 | 17 | 372 | 198,29 |
| 135 | Hillen Heinz | LC Haßloch | 1955 | 0:43:50 | M60 | 5 | 112 | 198,02 |
| 136 | Bambach Lucas | LLG Landstuhl | 2000 | 0:43:51 | MJU20 | 6 | 563 | 197,89 |
| 137 | Becker Heiko | . | 1982 | 0:43:52 | M35 | 18 | 21 | 197,75 |
| 138 | Jud Fabian | TV Maikammer | 1993 | 0:43:52 | MHK | 23 | 626 | 197,75 |
| 139 | Heinzmann Daniel | Radfahrverein Kirrlach | 1972 | 0:43:56 | M45 | 8 | 360 | 197,22 |
| 140 | Detrez Martine | RFCL | 1970 | 0:43:56 | W45 | 7 | 305 | 197,22 |
| 141 | Deiß Jens | TSG Maxdorf | 1984 | 0:43:58 | M35 | 19 | 579 | 196,95 |
| 142 | Cramer Stephan | Maikammer | 1967 | 0:43:59 | M50 | 25 | 401 | 196,81 |
| 143 | Nawrocki Franz | Überlingen | 1988 | 0:44:00 | M30 | 15 | 603 | 196,68 |
| 144 | Biffar Bertold | TV Mußbach | 1968 | 0:44:01 | M50 | 26 | 31 | 196,55 |
| 145 | Pfister Thomas | . | 1975 | 0:44:03 | M40 | 12 | 354 | 196,28 |
| 146 | Palzer Simone | LG Region Karlsruhe | 1990 | 0:44:04 | WHK | 5 | 489 | 196,15 |
| 147 | Lebeau Anna | ASC Darmstadt | 1987 | 0:44:07 | W30 | 3 | 346 | 195,74 |
| 148 | Lebeau Leander | TSG Maxdorf | 1987 | 0:44:07 | M30 | 16 | 345 | 195,74 |
| 149 | Rosenkranz Matthias | Karlsruher Lemminge | 1964 | 0:44:08 | M55 | 6 | 218 | 195,61 |
| 150 | Baum Torben | TV Mußbach | 1974 | 0:44:09 | M45 | 9 | 502 | 195,48 |
| 151 | Neumann Christopher | . | 1982 | 0:44:10 | M35 | 20 | 355 | 195,34 |
| 152 | Woyna Irene | Darmstadt | 1983 | 0:44:12 | W35 | 1 | 428 | 195,07 |
| 153 | Bendel Jutta | TUS Heltersberg | 1960 | 0:44:18 | W55 | 1 | 24 | 194,27 |
| 154 | Feil Daniel | Lußhardtläufer Hambrücken | 1973 | 0:44:23 | M45 | 10 | 72 | 193,60 |
| 155 | Zellmann Lena | LG Region Karlsruhe | 1996 | 0:44:24 | WHK | 6 | 384 | 193,47 |
| 156 | Reinholz Karsten | United Runners of Pfalz | 1991 | 0:44:30 | MHK | 24 | 507 | 192,67 |
| 157 | Martin Roland | LC Donnersberg | 1969 | 0:44:33 | M50 | 27 | 217 | 192,26 |
| 158 | Siragusano Carmelo | BieMoTec Immobilien | 1971 | 0:44:35 | M45 | 11 | 251 | 192,00 |
| 159 | Berberich Hans-Joachim | LLG Landstuhl | 1967 | 0:44:38 | M50 | 28 | 26 | 191,60 |
| 160 | Hohwieler Marcus | TUS Rüppurr Laufftreff | 1968 | 0:44:39 | M50 | 29 | 320 | 191,46 |
| 161 | Drumm Gisbert | RSC Zweibrücken | 1959 | 0:44:40 | M60 | 6 | 62 | 191,33 |
| 162 | Heimlein Timo | Frankenthal | 1982 | 0:44:41 | M35 | 21 | 493 | 191,19 |
| 163 | Berg Alois | TSG Kaiserslautern | 1954 | 0:44:44 | M65 | 4 | 342 | 190,79 |
| 164 | Riffel Oliver | Team Dietrich | 1969 | 0:44:51 | M50 | 30 | 390 | 189,86 |
| 165 | König Sebastian | Team OX | 1984 | 0:44:52 | M35 | 22 | 150 | 189,72 |
| 166 | Riehl Andreas | Rheinsheim | 1977 | 0:44:53 | M40 | 13 | 538 | 189,59 |
| 167 | Wetzler Hansjürgen | Karlsruher Lemminge | 1965 | 0:44:53 | M50 | 31 | 287 | 189,59 |
| 168 | Mengel Michael | Karlsruher Lemminge | 1974 | 0:44:56 | M45 | 12 | 185 | 189,19 |
| 169 | McCoy Jim | Neustadt | 1966 | 0:44:58 | M50 | 32 | 513 | 188,92 |
| 170 | Hauerth Martin | TV Hatzenbühl | 1981 | 0:45:00 | M35 | 23 | 582 | 188,65 |
| 171 | Hünerfauth Klaus | TV Maikammer | 1971 | 0:45:02 | M45 | 13 | 407 | 188,38 |
| 172 | Knerr Micha | SG Erbach | 1984 | 0:45:03 | M35 | 24 | 442 | 188,25 |
| 173 | Balzulat Hagen | Badmintonverein KL | 2004 | 0:45:04 | MJU18 | 6 | 549 | 188,12 |
| 174 | Peterschmitt Alfred | TUS Heltersberg | 1966 | 0:45:07 | M50 | 33 | 204 | 187,71 |
| 175 | Zimmermann Johannes | ICF Karlsruhe | 1981 | 0:45:10 | M35 | 25 | 514 | 187,31 |
| 176 | Horstmann Wigo | RC Neustadt | 1972 | 0:45:14 | M45 | 14 | 616 | 186,78 |
| 177 | Huber Manuel | Team Erdinger Alkoholfrei | 1978 | 0:45:16 | M40 | 14 | 545 | 186,51 |
| 178 | Balzulat Jochen | TUS Otterbach | 1967 | 0:45:18 | M50 | 34 | 546 | 186,24 |
| 179 | Orschel Holger | Eppenbrunn | 1975 | 0:45:19 | M40 | 15 | 478 | 186,11 |
| 180 | Lutzi Marc-Oliver | 1. FC Kaiserslautern | 1999 | 0:45:20 | MHK | 25 | 604 | 185,97 |

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| 181 | Lang Marco | RV Roschbach | 1987 | 0:45:22 | M30 | 17 | 539 | 185,71 |
| 182 | Pahlke Frank | Karlsruher Lemminge | 1973 | 0:45:23 | M45 | 15 | 203 | 185,57 |
| 183 | Jester Andrea | Ski-Club Speyer | 1975 | 0:45:24 | W40 | 6 | 130 | 185,44 |
| 184 | Scheib Bernhard | TV Hinterweidenthal | 1960 | 0:45:27 | M55 | 7 | 356 | 185,04 |
| 185 | Wahl Matthias | TSG Wiesloch | 1985 | 0:45:27 | M30 | 18 | 459 | 185,04 |
| 186 | Spiegel Nina | TUS Heltersberg | 1990 | 0:45:32 | WHK | 7 | 512 | 184,37 |
| 187 | Gong Lilli | United Runners of Pfalz | 1988 | 0:45:33 | W30 | 4 | 95 | 184,23 |
| 188 | Busch Dietmar | Marathon-Team Ketsch | 1962 | 0:45:34 | M55 | 8 | 438 | 184,10 |
| 189 | Wagenblatt Marco | TUS Erfweiler | 1974 | 0:45:35 | M45 | 16 | 433 | 183,97 |
| 190 | Walter Roland | TSG Eisenberg | 1965 | 0:45:37 | M50 | 35 | 610 | 183,70 |
| 191 | Friedel Janine | TV Herxheim | 1980 | 0:45:39 | W35 | 2 | 79 | 183,43 |
| 192 | Hülsmann Nikolas | Karlsruher Lemminge | 1988 | 0:45:40 | M30 | 19 | 389 | 183,30 |
| 193 | Schwalger Janine | LSG Karlsruhe | 1985 | 0:45:40 | W30 | 5 | 243 | 183,30 |
| 194 | Ruckdäschel Holger | TUS St. Martin | 1979 | 0:45:43 | M40 | 16 | 606 | 182,90 |
| 195 | van Dinther Clemens | LT Karlsruhe | 1976 | 0:45:43 | M40 | 17 | 271 | 182,90 |
| 196 | Weymann Marcel | 1. FC Kaiserslautern | 1961 | 0:45:45 | M55 | 9 | 508 | 182,63 |
| 197 | Jene Bernhard | TV Maikammer | 1965 | 0:45:47 | M50 | 36 | 128 | 182,36 |
| 198 | Lösch Thomas | Landau Running Company | 1967 | 0:45:48 | M50 | 37 | 318 | 182,23 |
| 199 | Yilmaz Melissa | TV Gimmeldingen | 2003 | 0:45:49 | WJU18 | 1 | 441 | 182,09 |
| 200 | Röhle Andreas | TUS St. Martin | 1972 | 0:45:50 | M45 | 17 | 632 | 181,96 |
| 201 | Dambach Dr. Thomas | TSV Kandel | 1961 | 0:45:52 | M55 | 10 | 479 | 181,69 |
| 202 | Wind Alexander | TV Maikammer | 1971 | 0:45:53 | M45 | 18 | 409 | 181,56 |
| 203 | Sanz Oliver | Stutensee | 1973 | 0:45:54 | M45 | 19 | 589 | 181,42 |
| 204 | Humm Torsten | ISD GmbH | 1989 | 0:45:56 | M30 | 20 | 123 | 181,16 |
| 205 | Wagner Isabel | Landau Running Company | 1972 | 0:45:58 | W45 | 8 | 275 | 180,89 |
| 206 | Dehoust Thomas | ASG Tria Hockenheim | 1971 | 0:45:58 | M45 | 20 | 615 | 180,89 |
| 207 | Hodapp Norbert | SC Önsbach | 1961 | 0:46:03 | M55 | 11 | 381 | 180,22 |
| 208 | Ketterer Viktor | LSG Karlsruhe | 1965 | 0:46:04 | M50 | 38 | 136 | 180,09 |
| 209 | Zimmermann Jürgen | SG Tairnbach | 1974 | 0:46:11 | M45 | 21 | 583 | 179,15 |
| 210 | Berwanger Bernd | Neustadt | 1972 | 0:46:19 | M45 | 22 | 370 | 178,08 |
| 211 | Baque Hans | 1. FC Kaiserslautern | 1958 | 0:46:21 | M60 | 7 | 326 | 177,81 |
| 212 | Kochnow Tilo | . | 1971 | 0:46:22 | M45 | 23 | 147 | 177,68 |
| 213 | Pahl Mario | TSG Wiesloch | 1979 | 0:46:26 | M40 | 18 | 374 | 177,14 |
| 214 | Dolde Rainer | TUS Rüppurr Laufftreff | 1957 | 0:46:34 | M60 | 8 | 315 | 176,07 |
| 215 | Götz Heiko | TV Maikammer | 1972 | 0:46:35 | M45 | 24 | 310 | 175,94 |
| 216 | Lenda Helen | SCN | 1970 | 0:46:40 | W45 | 9 | 164 | 175,27 |
| 217 | Streit Joachim | TV Dudenhofen | 1971 | 0:46:43 | M45 | 25 | 482 | 174,87 |
| 218 | Huster Frank | Karlsruher Lemminge | 1969 | 0:46:48 | M50 | 39 | 124 | 174,20 |
| 219 | Strauß Gudrun | RC Vorwärts Speyer | 1965 | 0:46:52 | W50 | 1 | 264 | 173,66 |
| 220 | Zeunges Frederik | Karlsruher Lemminge | 1997 | 0:46:54 | MHK | 26 | 300 | 173,39 |
| 221 | Neusser Ralf | TSG Wiesloch | 1980 | 0:46:55 | M35 | 26 | 427 | 173,26 |
| 222 | Zimmermann Matthias | Landau Running Company | 1964 | 0:47:00 | M55 | 12 | 542 | 172,59 |
| 223 | Grafmüller Thomas | El Capitane de Mühlburg | 1984 | 0:47:01 | M35 | 27 | 98 | 172,46 |
| 224 | Kohlmaier Jutta | Harthausen | 1976 | 0:47:02 | W40 | 7 | 316 | 172,32 |
| 225 | Janson Uwe | SVF Ludwigshafen | 1965 | 0:47:04 | M50 | 40 | 126 | 172,06 |
| 226 | Stoffregen Till | Neustadt | 1985 | 0:47:06 | M30 | 21 | 419 | 171,79 |
| 227 | Lahner Erik | Schifferstadt | 1964 | 0:47:06 | M55 | 13 | 528 | 171,79 |
| 228 | Junk Joschua | Hubertus Hofeld | 1997 | 0:47:14 | MHK | 27 | 533 | 170,72 |
| 229 | Hammann Bernd | . | 1983 | 0:47:16 | M35 | 28 | 485 | 170,45 |
| 230 | Sperling Patrick | Lambsheim | 1978 | 0:47:18 | M40 | 19 | 477 | 170,18 |
| 231 | Creutziger Martin | Schifferstadt | 1980 | 0:47:18 | M35 | 29 | 424 | 170,18 |
| 232 | Müller Edwin | TB Wilferdingen | 1948 | 0:47:19 | M70 | 1 | 193 | 170,05 |
| 233 | Limmer Markus | LT Haßloch | 1990 | 0:47:19 | MHK | 28 | 544 | 170,05 |
| 234 | Falkenberg Anja | Karlsruher Lemminge | 1969 | 0:47:21 | W50 | 2 | 378 | 169,78 |
| 235 | Paul Andreas | TV Kirkel | 1972 | 0:47:22 | M45 | 26 | 566 | 169,65 |
| 236 | Macors Alexandre | HUY | 1983 | 0:47:23 | M35 | 30 | 349 | 169,51 |
| 237 | Kurz Rico | Team Playa | 1975 | 0:47:24 | M40 | 20 | 404 | 169,38 |
| 238 | Klos Karl-Heinz | LC Donnersberg | 1952 | 0:47:28 | M65 | 5 | 627 | 168,84 |
| 239 | Schreiber Roland | LC Donnersberg | 1969 | 0:47:29 | M50 | 41 | 239 | 168,71 |
| 240 | Strubel Markus | Lambsheim | 1973 | 0:47:43 | M45 | 27 | 510 | 166,84 |
| 241 | Schön Hans-Georg | TB Hermersberg | 1962 | 0:47:43 | M55 | 14 | 471 | 166,84 |
| 242 | Köhl Matthias | LSG Karlsruhe | 1977 | 0:47:53 | M40 | 21 | 148 | 165,50 |

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|-----|-----------------------|-----------------------------|------|---------|-------|----|-----|--------|
| 243 | Glöckner Sabrina | LG MuLi | 1981 | 0:48:03 | W35 | 3 | 429 | 164,16 |
| 244 | Kaiser Hans-Günter | Biathlon Team Saarland | 1959 | 0:48:03 | M60 | 9 | 631 | 164,16 |
| 245 | Gieringer Alexander | TUS Rüppurr Laufftreff | 1972 | 0:48:07 | M45 | 28 | 89 | 163,62 |
| 246 | Schmitt Ralf | Team Atze (Neuthard) | 1971 | 0:48:08 | M45 | 29 | 235 | 163,49 |
| 247 | Meier Otto | TUS Erfweiler | 1966 | 0:48:09 | M50 | 42 | 312 | 163,36 |
| 248 | Binzel Erich | LT Rheinhessen-Pfalz | 1957 | 0:48:11 | M60 | 10 | 33 | 163,09 |
| 249 | Welker Michael | Team Moritz | 1970 | 0:48:16 | M45 | 30 | 283 | 162,42 |
| 250 | Kotulla Tobias | TUS Rüppurr Laufftreff | 1973 | 0:48:17 | M45 | 31 | 152 | 162,29 |
| 251 | Ahlers Christina | LG Pfinztal | 1976 | 0:48:18 | W40 | 8 | 6 | 162,15 |
| 252 | Jeric Sascha | TSG Kaiserslautern | 1976 | 0:48:19 | M40 | 22 | 129 | 162,02 |
| 253 | Roggenstein Anja | LC Donnersberg | 1968 | 0:48:22 | W50 | 3 | 216 | 161,62 |
| 254 | Schollenberger Oliver | Ollis Laufftreff | 1961 | 0:48:24 | M55 | 15 | 416 | 161,35 |
| 255 | Göritz Jürgen | www.laufrichtig.com - LS NW | 1956 | 0:48:26 | M60 | 11 | 97 | 161,08 |
| 256 | Zimmermann Harald | LT Philippsburg | 1964 | 0:48:26 | M55 | 16 | 474 | 161,08 |
| 257 | Leyrer Tino | Tri-Team SSV Ettlingen | 1977 | 0:48:28 | M40 | 23 | 168 | 160,81 |
| 258 | Veth Stefan | LG MuLi | 1965 | 0:48:29 | M50 | 43 | 468 | 160,68 |
| 259 | Groppenbacher Peter | TSG Deidesheim | 1969 | 0:48:30 | M50 | 44 | 426 | 160,55 |
| 260 | Storch Thorsten | Beachbar Runners Lambsheim | 1972 | 0:48:36 | M45 | 32 | 261 | 159,74 |
| 261 | Burkhart Klaus | SV Birkweiler | 1968 | 0:48:42 | M50 | 45 | 521 | 158,94 |
| 262 | Dehling Oliver | Harthausen | 1982 | 0:48:48 | M35 | 31 | 557 | 158,14 |
| 263 | Wollfarth Claudia | LSG Karlsruhe | 1966 | 0:48:52 | W50 | 4 | 291 | 157,60 |
| 264 | Brennecke Amos | LSG Karlsruhe | 1964 | 0:48:52 | M55 | 17 | 42 | 157,60 |
| 265 | Jähne Philipp | LCO Edenkoben | 1963 | 0:48:54 | M55 | 18 | 464 | 157,33 |
| 266 | Weygand Marcus | PT Warrior | 1990 | 0:48:54 | MHK | 29 | 534 | 157,33 |
| 267 | Milde Julius | Landau | 1986 | 0:48:55 | M30 | 22 | 453 | 157,20 |
| 268 | Neidhardt Anne | Karlsruher Lemminge | 1996 | 0:48:57 | WHK | 8 | 198 | 156,93 |
| 269 | Krieger Mark | TV Gimmeldingen | 1964 | 0:48:59 | M55 | 19 | 484 | 156,66 |
| 270 | Dietz Martin | LTF Köllertal | 1960 | 0:49:00 | M55 | 20 | 61 | 156,53 |
| 271 | Gaj Dana | TUS Heltersberg | 1975 | 0:49:03 | W40 | 9 | 83 | 156,13 |
| 272 | Krahl Matthias | Billigheim-Ingenheim | 1962 | 0:49:05 | M55 | 21 | 371 | 155,86 |
| 273 | Zimmermann Dirk | TV Dudenhofen | 1980 | 0:49:10 | M35 | 32 | 302 | 155,19 |
| 274 | Schreiner Rita | LLG Wonnegau | 1965 | 0:49:15 | W50 | 5 | 446 | 154,52 |
| 275 | Liebig Alexander | LT Rheinhessen-Pfalz | 1972 | 0:49:16 | M45 | 33 | 169 | 154,39 |
| 276 | Kipper Gisela | Ludwigshafener SV | 1961 | 0:49:20 | W55 | 2 | 460 | 153,85 |
| 277 | Lupp Dietrich | . | 1958 | 0:49:21 | M60 | 12 | 352 | 153,72 |
| 278 | Hoyler Rudolf | Run 4 Fun Bübingen | 1957 | 0:49:24 | M60 | 13 | 120 | 153,32 |
| 279 | Haber Santana | . | 1978 | 0:49:26 | W40 | 10 | 393 | 153,05 |
| 280 | Schwaab Bernhard | TV Maikammer | 1962 | 0:49:28 | M55 | 22 | 584 | 152,78 |
| 281 | Allbach Steffen | LC Bad Dürkheim | 1963 | 0:49:30 | M55 | 23 | 553 | 152,52 |
| 282 | Weigelt Wolfgang | TV Dudenhofen | 1958 | 0:49:31 | M60 | 14 | 501 | 152,38 |
| 283 | Rathmayer Ulrike | ASK McDonalds Loosdorf | 1972 | 0:49:32 | W45 | 10 | 405 | 152,25 |
| 284 | Styra Steffen | Durlach | 1986 | 0:49:33 | M30 | 23 | 469 | 152,11 |
| 285 | Weimar Edmund | Karlsruher Lemminge | 1961 | 0:49:34 | M55 | 24 | 281 | 151,98 |
| 286 | Hofmeister Rainer | ForumTeam | 1956 | 0:49:34 | M60 | 15 | 116 | 151,98 |
| 287 | Heiter Werner | LG Rülzheim | 1949 | 0:49:35 | M70 | 2 | 106 | 151,85 |
| 288 | Kaufmann Daniel | Helmsheim | 1979 | 0:49:37 | M40 | 24 | 495 | 151,58 |
| 289 | Weber Jonathan | . | 2005 | 0:49:37 | MJU18 | 7 | 278 | 151,58 |
| 290 | Hammer Stephan | LG Rülzheim | 1964 | 0:49:41 | M55 | 25 | 102 | 151,04 |
| 291 | Acker Jochen | LCO Edenkoben | 1966 | 0:49:42 | M50 | 46 | 359 | 150,91 |
| 292 | Weigelt Moritz | TV Dudenhofen | 1985 | 0:49:43 | M30 | 24 | 347 | 150,78 |
| 293 | Scheller Angelika | TSG Maxdorf | 1959 | 0:49:45 | W60 | 1 | 227 | 150,51 |
| 294 | Tenter Jonas | FC West | 1992 | 0:49:46 | MHK | 30 | 267 | 150,37 |
| 295 | Wurster Barbara | KIT SC | 1991 | 0:49:47 | WHK | 9 | 296 | 150,24 |
| 296 | Götz Florian | Karlsruhe | 1992 | 0:49:48 | MHK | 31 | 410 | 150,11 |
| 297 | Hülshager Andreas | TUS Rüppurr Laufftreff | 1972 | 0:49:49 | M45 | 34 | 122 | 149,97 |
| 298 | Müller Frank | Weisenheim/Sand | 1973 | 0:49:52 | M45 | 35 | 386 | 149,57 |
| 299 | Schmidt Sebastian | Land Water Adventures | 1981 | 0:49:53 | M35 | 33 | 232 | 149,44 |
| 300 | Günther Normen | Die Laufsocken | 1980 | 0:50:03 | M35 | 34 | 387 | 148,10 |
| 301 | Henrich Dr. Bernhard | 1. FC Kaiserslautern | 1970 | 0:50:05 | M45 | 36 | 554 | 147,83 |
| 302 | Hagenbuch Sophia | Tri-Team Heuchelberg | 2000 | 0:50:09 | WJU20 | 1 | 369 | 147,30 |
| 303 | Leppert-Saumer Lothar | LSG Karlsruhe | 1957 | 0:50:12 | M60 | 16 | 166 | 146,90 |
| 304 | Sander Benjamin | Karlsruher Lemminge | 1989 | 0:50:13 | M30 | 25 | 224 | 146,76 |

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|-----|------------------------|-------------------------|----------|---------|-------|----|-----|--------|
| 305 | Neikow Alexander | JJKC Haßloch | 1984 | 0:50:14 | M35 | 35 | 199 | 146,63 |
| 306 | Heller Tobias | Speyer | 1976 | 0:50:15 | M40 | 25 | 107 | 146,49 |
| 307 | Groch Andrea | LG Ohmbachsee | 1979 | 0:50:17 | W40 | 11 | 329 | 146,23 |
| 308 | Stortz Martin | Ludwigshafener LC | 1958 | 0:50:18 | M60 | 17 | 263 | 146,09 |
| 309 | Huber Thomas | . | 1993 | 0:50:20 | MHK | 32 | 121 | 145,82 |
| 310 | Littwin Gloria | Karlsruher Lemminge | 1986 | 0:50:24 | W30 | 6 | 171 | 145,29 |
| 311 | Piekorz Norbert | LSG Karlsruhe | 1961 | 0:50:26 | M55 | 26 | 313 | 145,02 |
| 312 | Uebel Klaus | Idarer TV | 1951 | 0:50:27 | M65 | 6 | 344 | 144,89 |
| 313 | Loosmann Joerg | LCO Edenkoben | 1957 | 0:50:30 | M60 | 18 | 172 | 144,49 |
| 314 | Klamm Bernd | SVS Emmerzhausen | 1956 | 0:50:32 | M60 | 19 | 503 | 144,22 |
| 315 | Schreiner Siegfried | LLG Wonnegau | 1966 | 0:50:34 | M50 | 47 | 447 | 143,95 |
| 316 | Schlütter Bernd | Club Moustache | 1974 | 0:50:35 | M45 | 37 | 332 | 143,82 |
| 317 | Bischoff Christian | TUS Otterbach | 1977 | 0:50:38 | M40 | 26 | 35 | 143,42 |
| 318 | Schlosser Hans-Peter | SPFR Bühlerzell | 1960 | 0:50:40 | M55 | 27 | 412 | 143,15 |
| 319 | Sedat Bernd | Etzelsolarpower Bexbach | 1978 | 0:50:43 | M40 | 27 | 246 | 142,75 |
| 320 | Sauerland Christine | TUS Heltersberg | 1965 | 0:50:44 | W50 | 6 | 491 | 142,61 |
| 321 | Wollschläger Christine | Hochmoor-Königsbach | 1969 | 0:50:45 | W50 | 7 | 293 | 142,48 |
| 322 | Bröhl Alex | Team Pfälzer Land | 1977 | 0:50:47 | M40 | 28 | 45 | 142,21 |
| 323 | Helwing Hans | Karlsruher Lemminge | 1971 | 0:50:48 | M45 | 38 | 108 | 142,08 |
| 324 | Yoshinaga Misaki | LT Rheinhessen-Pfalz | JPN 1984 | 0:50:48 | W35 | 4 | 298 | 142,08 |
| 325 | Krebs Anja | LC Pforzheim | 1968 | 0:50:50 | W50 | 8 | 154 | 141,81 |
| 326 | Faulhaber Steffen | Team Pfälzer Land | 1964 | 0:50:53 | M55 | 28 | 611 | 141,41 |
| 327 | Bähr Martin | DAV Zweibrücken | 1967 | 0:50:54 | M50 | 48 | 633 | 141,27 |
| 328 | Cazacu Nickolas | TV Nußdorf | 2007 | 0:50:55 | MJU18 | 8 | 450 | 141,14 |
| 329 | Eichert Ulrich | Team RNV | 1959 | 0:51:00 | M60 | 20 | 66 | 140,47 |
| 330 | Schanné Rainer | VFB Reichenbach | 1966 | 0:51:04 | M50 | 49 | 490 | 139,94 |
| 331 | Bannat Uwe | LC Donnersberg | 1954 | 0:51:04 | M65 | 7 | 15 | 139,94 |
| 332 | Merl Jürgen | 1250 Jahre Neibsheim | 1966 | 0:51:08 | M50 | 50 | 187 | 139,40 |
| 333 | Basta Nicola | TSG Maxdorf | 1981 | 0:51:11 | M35 | 36 | 17 | 139,00 |
| 334 | Swarowsky Egon | LT Rheinhessen-Pfalz | 1953 | 0:51:12 | M65 | 8 | 266 | 138,87 |
| 335 | Müller Klaus Peter | KPM Development | 1967 | 0:51:13 | M50 | 51 | 192 | 138,73 |
| 336 | Späth Timo | TV Coburg | 1976 | 0:51:15 | M40 | 29 | 253 | 138,46 |
| 337 | Bass Roland | ASV Scheppach | 1954 | 0:51:21 | M65 | 9 | 306 | 137,66 |
| 338 | Jendro Michael | Neustadt | 1965 | 0:51:27 | M50 | 52 | 304 | 136,86 |
| 339 | Teeven Cindy | AV 23 Amsterdam | 1988 | 0:51:28 | W30 | 7 | 400 | 136,72 |
| 340 | Hoeltz Ulrike | LSG Karlsruhe | 1961 | 0:51:34 | W55 | 3 | 114 | 135,92 |
| 341 | Jerg Karin | LG MuLi | 1968 | 0:51:34 | W50 | 9 | 383 | 135,92 |
| 342 | Imanbaew Nurlan | TV Maikammer | 1958 | 0:51:37 | M60 | 21 | 578 | 135,52 |
| 343 | Guttenbacher Christine | Jockgrim | 1965 | 0:51:40 | W50 | 10 | 592 | 135,12 |
| 344 | Hellwig Thorsten | TV Mußbach | 1964 | 0:51:42 | M55 | 29 | 536 | 134,85 |
| 345 | Börner Frank | TV Dannstadt | 1970 | 0:51:43 | M45 | 39 | 337 | 134,72 |
| 346 | Seither Kathi | TV Herxheim | 1961 | 0:51:44 | W55 | 4 | 358 | 134,58 |
| 347 | Kerls Calista | TV Gimmeldingen | 2003 | 0:51:45 | WJU18 | 2 | 458 | 134,45 |
| 348 | Schilling Matthias | LC Bad Dürkheim | 1958 | 0:51:54 | M60 | 22 | 230 | 133,24 |
| 349 | Singer Josef | SG-KIT | 1947 | 0:51:56 | M70 | 3 | 250 | 132,98 |
| 350 | Knauf Josef | LT WaB | 1956 | 0:52:01 | M60 | 23 | 142 | 132,31 |
| 351 | Reinhart Adolf | 1. FC Kaiserslautern | 1944 | 0:52:02 | M75 | 1 | 211 | 132,17 |
| 352 | Frischknecht Mark | SV Kirchgarten | 1976 | 0:52:03 | M40 | 30 | 80 | 132,04 |
| 353 | Nothof Joey | Winnweiler | 1974 | 0:52:04 | M45 | 40 | 200 | 131,91 |
| 354 | Schak Jürgen | Römerberg | 1963 | 0:52:06 | M55 | 30 | 598 | 131,64 |
| 355 | Roberg Reinhard | LG MuLi | 1966 | 0:52:07 | M50 | 53 | 601 | 131,50 |
| 356 | Metzger Martina | 1. FC Kaiserslautern | 1965 | 0:52:08 | W50 | 11 | 574 | 131,37 |
| 357 | Emser Stefan | LG Run N Ride Bexbach | 1960 | 0:52:09 | M55 | 31 | 67 | 131,24 |
| 358 | Zotz Hermann | Aero Club Pirmasens | 1966 | 0:52:10 | M50 | 54 | 570 | 131,10 |
| 359 | Meyer Dieter | TV Herxheim | 1962 | 0:52:11 | M55 | 32 | 357 | 130,97 |
| 360 | Sallak Ohannes | LSG Karlsruhe | 1960 | 0:52:13 | M55 | 33 | 223 | 130,70 |
| 361 | Breitner Juliane | TV Maikammer | 1998 | 0:52:13 | WHK | 10 | 330 | 130,70 |
| 362 | Neu Daniel | Offenbach-Hundheim | 1985 | 0:52:14 | M30 | 26 | 594 | 130,57 |
| 363 | Brock Harald | Wachtmeister | 1963 | 0:52:15 | M55 | 34 | 44 | 130,43 |
| 364 | Sauder Martin | Grünstadt | 1967 | 0:52:16 | M50 | 55 | 455 | 130,30 |
| 365 | Benz Harald | Mannheim | 1971 | 0:52:16 | M45 | 41 | 25 | 130,30 |
| 366 | Küster Jochen | TV Maikammer | 1962 | 0:52:17 | M55 | 35 | 350 | 130,17 |

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| 367 | Vogel Achim | LT Hemsbach | 1968 | 0:52:18 | M50 | 56 | 406 | 130,03 |
| 368 | Winkelmann Steffen | Pirmasens | 1962 | 0:52:19 | M55 | 36 | 289 | 129,90 |
| 369 | Galler Petra | LG Run N Ride Bexbach | 1968 | 0:52:21 | W50 | 12 | 577 | 129,63 |
| 370 | Röper Michael | LC Bad Dürkheim | 1951 | 0:52:22 | M65 | 10 | 343 | 129,50 |
| 371 | Willenbacher Nadine | Wachtme | 1987 | 0:52:25 | W30 | 8 | 288 | 129,10 |
| 372 | Goebel Matthias | Team Goebel | 1956 | 0:52:27 | M60 | 24 | 91 | 128,83 |
| 373 | Erhart Tristan | . | 1996 | 0:52:28 | MHK | 33 | 70 | 128,69 |
| 374 | Wollschläger Thomas | Hochmoor-Königsbach | 1964 | 0:52:28 | M55 | 37 | 292 | 128,69 |
| 375 | Grimm Jürgen | 1250 Jahre Neibsheim | 1965 | 0:52:29 | M50 | 57 | 99 | 128,56 |
| 376 | Windecker Thomas | Pieds nus | 1966 | 0:52:30 | M50 | 58 | 430 | 128,43 |
| 377 | Kriegshäuser Dieter | TUS Heltersberg | 1953 | 0:52:32 | M65 | 11 | 156 | 128,16 |
| 378 | Hoffmann Thomas | TV Bad Bergzabern | 1958 | 0:52:35 | M60 | 25 | 486 | 127,76 |
| 379 | Hoffmann Jörn | Hockenheim | 1972 | 0:52:36 | M45 | 42 | 529 | 127,62 |
| 380 | Lessmeister Hardy | 1. FC Kaiserslautern | 1960 | 0:52:39 | M55 | 38 | 167 | 127,22 |
| 381 | Seibel Sarah | Rohrbach | 1986 | 0:52:45 | W30 | 9 | 475 | 126,42 |
| 382 | Pavlovic Jelenko | FC West Karlsruhe | 1973 | 0:52:50 | M45 | 43 | 568 | 125,75 |
| 383 | Fleischer Christine | TV Rheinzabern | 1979 | 0:52:53 | W40 | 12 | 76 | 125,35 |
| 384 | Messeringer Heiko | Weisenheim am Berg | 1983 | 0:52:54 | M35 | 37 | 572 | 125,21 |
| 385 | Pilger Petra | TV Herxheim | 1969 | 0:52:54 | W50 | 13 | 476 | 125,21 |
| 386 | Köpfler Frank | . | 1964 | 0:52:55 | M55 | 39 | 498 | 125,08 |
| 387 | Stoffel Daniel | El caracol de Beiertheim | 1982 | 0:53:00 | M35 | 38 | 260 | 124,41 |
| 388 | Weisner Birgit | TC Landau | 1962 | 0:53:02 | W55 | 5 | 586 | 124,14 |
| 389 | Johann Annette | TV Rheinzabern | 1961 | 0:53:06 | W55 | 6 | 585 | 123,61 |
| 390 | Reuther Simone | Landau | 1973 | 0:53:08 | W45 | 11 | 530 | 123,34 |
| 391 | Schurer Hendrik | Landau | 1971 | 0:53:08 | M45 | 44 | 531 | 123,34 |
| 392 | Rickel Thorsten | LG MuLi | 1974 | 0:53:09 | M45 | 45 | 422 | 123,21 |
| 393 | Stockmann Florian | Freinsheim | 1978 | 0:53:11 | M40 | 31 | 543 | 122,94 |
| 394 | Günther Jochen | Rodenbach | 1968 | 0:53:12 | M50 | 59 | 101 | 122,81 |
| 395 | Walter Jana | LC Haßloch | 1991 | 0:53:12 | WHK | 11 | 500 | 122,81 |
| 396 | Diers Anka | Karlsruher Lemminge | 1987 | 0:53:13 | W30 | 10 | 60 | 122,67 |
| 397 | Burkhardt Werner | LT Rheinhessen-Pfalz | 1956 | 0:53:14 | M60 | 26 | 47 | 122,54 |
| 398 | Schwab Susanne | LG Idar-Oberstein | 1967 | 0:53:15 | W50 | 14 | 242 | 122,40 |
| 399 | Heil Matthias Jürgen | JJKC Haßloch | 1984 | 0:53:17 | M35 | 39 | 105 | 122,14 |
| 400 | Maier Günter | FC Berwangen/Eschelbronn | 1953 | 0:53:19 | M65 | 12 | 351 | 121,87 |
| 401 | Rehmsmeier André | Ironmanheimer | 1967 | 0:53:20 | M50 | 60 | 571 | 121,73 |
| 402 | Deling Henning | LCO Edenkoben | 1977 | 0:53:23 | M40 | 32 | 609 | 121,33 |
| 403 | Müller Kai | Landau Running Company | 1972 | 0:53:29 | M45 | 46 | 413 | 120,53 |
| 404 | Piesbergen Christoph | AnniTopLäufer | 1980 | 0:53:31 | M35 | 40 | 207 | 120,26 |
| 405 | Schenk Nicolai | Maikammer | 1974 | 0:53:38 | M45 | 47 | 362 | 119,33 |
| 406 | Stork Christof | UISP Imola Faenza | 1960 | 0:53:43 | M55 | 40 | 262 | 118,66 |
| 407 | Weinmann Volker | RTB | 1968 | 0:53:49 | M50 | 61 | 454 | 117,85 |
| 408 | Roth Andreas | Roschbach | 1981 | 0:53:52 | M35 | 41 | 481 | 117,45 |
| 409 | Birkle Bernhard | ASV Harthausen | 1962 | 0:53:53 | M55 | 41 | 34 | 117,32 |
| 410 | Frieß Elisabeth | LT Drei Buchen | 1963 | 0:53:55 | W55 | 7 | 623 | 117,05 |
| 411 | Bayer Markus | LT Rheinhessen-Pfalz | 1978 | 0:53:57 | M40 | 33 | 19 | 116,78 |
| 412 | Weber Joachim | . | 1966 | 0:54:03 | M50 | 62 | 277 | 115,98 |
| 413 | Engels Jürgen | Schützenverein Steinwenden | 1963 | 0:54:05 | M55 | 42 | 68 | 115,71 |
| 414 | Bunk Daniela | Weisenheim/Sand | 1976 | 0:54:10 | W40 | 13 | 385 | 115,04 |
| 415 | Meißner Daniel | United Runners of Pfalz | 1983 | 0:54:12 | M35 | 42 | 184 | 114,78 |
| 416 | Dankert Jens | . | 1970 | 0:54:14 | M45 | 48 | 53 | 114,51 |
| 417 | Weniger Julian | SV Gerichtstetten | 1993 | 0:54:16 | MHK | 34 | 285 | 114,24 |
| 418 | Brendel Alfred | PräAktiv Haßloch | 1962 | 0:54:19 | M55 | 43 | 309 | 113,84 |
| 419 | Cagol Elke | LSG Karlsruhe | 1955 | 0:54:23 | W60 | 2 | 466 | 113,30 |
| 420 | Drews Christian | TV Mußbach | 1975 | 0:54:31 | M40 | 34 | 75 | 112,23 |
| 421 | Weber Roland | ev. Gemeinschaft Hockenheim | 1962 | 0:54:32 | M55 | 44 | 434 | 112,10 |
| 422 | Hiemenz Thomas | ASV Stammtisch | 1964 | 0:54:37 | M55 | 45 | 580 | 111,43 |
| 423 | Czogalla Werner | LT Lorsch | 1968 | 0:54:39 | M50 | 63 | 52 | 111,16 |
| 424 | Nickl Jürgen | TV Gimmeldingen | 1963 | 0:54:40 | M55 | 46 | 379 | 111,03 |
| 425 | Löcher Klaus | TV Maudach | 1956 | 0:54:41 | M60 | 27 | 395 | 110,89 |
| 426 | Jaberg-Rysanek Mirijjar | . | 1959 | 0:54:42 | W60 | 3 | 523 | 110,76 |
| 427 | Bausch Ulrike | 1. FC Kaiserslautern | 1966 | 0:54:43 | W50 | 15 | 573 | 110,63 |
| 428 | Doppler Rudi | Essingen | 1953 | 0:54:44 | M65 | 13 | 517 | 110,49 |

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|-----|----------------------|---------------------------|------|---------|-------|----|-----|--------|
| 429 | Hirslandt Lutz | TUS Heltersberg | 1959 | 0:54:46 | M60 | 28 | 388 | 110,22 |
| 430 | Ohler Jan | Speyerdorf | 1999 | 0:54:48 | MHK | 35 | 552 | 109,96 |
| 431 | Csepregi Tibor | LAG Saarbrücken | 1962 | 0:54:51 | M55 | 47 | 51 | 109,56 |
| 432 | Scherff Annabell | TV Rheinzabern | 1966 | 0:54:56 | W50 | 16 | 228 | 108,89 |
| 433 | Beyer Simon | LT Rheinhessen-Pfalz | 2002 | 0:54:57 | MJU18 | 9 | 308 | 108,75 |
| 434 | Miklosch Yvonne | Karlsruher Lemminge | 1983 | 0:55:04 | W35 | 5 | 189 | 107,82 |
| 435 | Zeil Beritta | LSG Karlsruhe | 1949 | 0:55:12 | W70 | 1 | 365 | 106,75 |
| 436 | Walter Rudolf | TUS Griesheim | 1949 | 0:55:13 | M70 | 4 | 276 | 106,61 |
| 437 | Hölderich Klaus | TV Rheinzabern | 1955 | 0:55:14 | M60 | 29 | 340 | 106,48 |
| 438 | Naumer Bernd | Neustadt | 1967 | 0:55:20 | M50 | 64 | 629 | 105,67 |
| 439 | Klußendorf Jan | LCO Edenkoben | 1962 | 0:55:21 | M55 | 48 | 624 | 105,54 |
| 440 | Kistner Klaus | LG Rülzheim | 1953 | 0:55:24 | M65 | 14 | 457 | 105,14 |
| 441 | Schehl Jürgen | LC Schifferstadt | 1956 | 0:55:27 | M60 | 30 | 567 | 104,74 |
| 442 | Noack Frank | ASG Tria Hockenheim | 1965 | 0:55:28 | M50 | 65 | 516 | 104,60 |
| 443 | Manly Wade | Team Vegan | 1975 | 0:55:29 | M40 | 35 | 630 | 104,47 |
| 444 | Seifert Ralf | LC Pforzheim | 1965 | 0:55:33 | M50 | 66 | 248 | 103,93 |
| 445 | Laumann Sigrun | Worms | 1966 | 0:55:36 | W50 | 17 | 519 | 103,53 |
| 446 | Marionek Michael | 1. FC Kaiserslautern | 1975 | 0:55:43 | M40 | 36 | 605 | 102,60 |
| 447 | Imanbaew Andreas | . | 1983 | 0:55:48 | M35 | 43 | 558 | 101,93 |
| 448 | Wilk Norbert | Meckenheim | 1956 | 0:55:49 | M60 | 31 | 614 | 101,79 |
| 449 | Schauseil Michael | LC Donnersberg | 1968 | 0:55:50 | M50 | 67 | 569 | 101,66 |
| 450 | Göhring Heinz | LT Hemsbach | 1946 | 0:55:55 | M70 | 5 | 94 | 100,99 |
| 451 | Anders Peter | LSG Karlsruhe | 1947 | 0:55:56 | M70 | 6 | 7 | 100,86 |
| 452 | Kunz Bernd | TUS Erfweiler | 1962 | 0:55:58 | M55 | 49 | 444 | 100,59 |
| 453 | Knodel Anne | AnniTopLäufer | 1988 | 0:56:03 | W30 | 11 | 144 | 99,92 |
| 454 | Kaufmann Andreas | Bruchsal | 1976 | 0:56:04 | M40 | 37 | 496 | 99,79 |
| 455 | Foitzik Felix | PD Neustadt | 1983 | 0:56:05 | M35 | 44 | 581 | 99,65 |
| 456 | Sprengart Carmen | Sprangi's | 1972 | 0:56:10 | W45 | 12 | 373 | 98,98 |
| 457 | Imhof Thomas | JG Menzingen | 1960 | 0:56:11 | M55 | 50 | 336 | 98,85 |
| 458 | Zühlke Christian | Auslaufmodelle | 1982 | 0:56:12 | M35 | 45 | 303 | 98,72 |
| 459 | Ruffing Veronika | LG Run n Ride Bexbach | 1963 | 0:56:27 | W55 | 8 | 561 | 96,71 |
| 460 | Holmes Daniela | LSG Karlsruhe | 1974 | 0:56:29 | W45 | 13 | 117 | 96,44 |
| 461 | Kistner Regina | LG Rülzheim | 1957 | 0:56:34 | W60 | 4 | 456 | 95,77 |
| 462 | Weimer Ruth | TSG Wiesloch | 1952 | 0:56:36 | W65 | 1 | 338 | 95,50 |
| 463 | Wetzel Thomas | Klingbachrunners | 1963 | 0:56:36 | M55 | 51 | 587 | 95,50 |
| 464 | Guy Monika | 1. FC Kaiserslautern | 1956 | 0:56:37 | W60 | 5 | 575 | 95,37 |
| 465 | Duda Detlev | TV Rheinau | 1950 | 0:56:38 | M65 | 15 | 63 | 95,24 |
| 466 | Hoffmeister Heinrich | LGV Marathon Giessen | 1956 | 0:56:47 | M60 | 32 | 28 | 94,03 |
| 467 | Klee Markus | AC Diefflen | 1967 | 0:56:48 | M50 | 68 | 140 | 93,90 |
| 468 | Berger Friedhelm | TSV Neuenstadt | 1963 | 0:56:54 | M55 | 52 | 27 | 93,09 |
| 469 | Dunkel Klaus | TV Maikammer | 1958 | 0:56:56 | M60 | 33 | 64 | 92,83 |
| 470 | Leubner Martina | LLG Landstuhl | 1964 | 0:57:01 | W55 | 9 | 556 | 92,16 |
| 471 | Rielinger Sabine | Kaiserslautern | 1953 | 0:57:07 | W65 | 2 | 595 | 91,35 |
| 472 | Rothe Steffen | EP Sportclub Karlsruhe | 1963 | 0:57:08 | M55 | 53 | 219 | 91,22 |
| 473 | Freidel Stefan | Karlsruhe | 1981 | 0:57:11 | M35 | 46 | 492 | 90,82 |
| 474 | Schneider Patrick | Lauffreunde Breitenbach | 1980 | 0:57:16 | M35 | 47 | 236 | 90,15 |
| 475 | Kratsch Dieter | TUS Glan-Münchweiler | 1959 | 0:57:18 | M60 | 34 | 518 | 89,88 |
| 476 | Konrad Ulrich | LC Haßloch | 1956 | 0:57:19 | M60 | 35 | 483 | 89,75 |
| 477 | Erbacher Bianca | Landau Running Company | 1980 | 0:57:20 | W35 | 6 | 420 | 89,61 |
| 478 | Kunert David | Team Erdinger Alkoholfrei | 1970 | 0:57:29 | M45 | 49 | 590 | 88,41 |
| 479 | Kohler Torsten | LSG Karlsruhe | 1972 | 0:57:36 | M45 | 50 | 149 | 87,47 |
| 480 | Dickmann Joachim | Neustadt/Weinstraße | 1962 | 0:57:44 | M55 | 54 | 58 | 86,40 |
| 481 | Müller Bea | Lauffreunde Breitenbach | 1980 | 0:57:45 | W35 | 7 | 195 | 86,27 |
| 482 | Werle Andreas | Club Moustache | 1975 | 0:57:50 | M40 | 38 | 334 | 85,60 |
| 483 | Zinke Andreas | Roadrunners Roadalben | 1974 | 0:57:56 | M45 | 51 | 515 | 84,80 |
| 484 | Schwaab Otmar | SG Mußbach | 1971 | 0:57:58 | M45 | 52 | 439 | 84,53 |
| 485 | Rivkin Haag Rüdiger | LT Hasenpfad | 1967 | 0:58:00 | M50 | 69 | 215 | 84,26 |
| 486 | Weis Louisa | Landau Running Company | 2003 | 0:58:10 | WJU18 | 3 | 391 | 82,92 |
| 487 | Braun Regine | SV Rohrbach | 1948 | 0:58:17 | W70 | 2 | 41 | 81,99 |
| 488 | Gong Peijin | . | 1968 | 0:58:20 | W50 | 18 | 96 | 81,58 |
| 489 | Besch Werner | TSG Maxdorf | 1951 | 0:58:23 | M65 | 16 | 399 | 81,18 |
| 490 | Fuchs Karl-Josef | Spiridon Hochwald | 1956 | 0:58:28 | M60 | 36 | 432 | 80,51 |

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|-----|------------------------|----------------------------|------|---------|-------|----|-----|-------|
| 491 | Oberle Annette | LSG Karlsruhe | 1965 | 0:58:34 | W50 | 19 | 201 | 79,71 |
| 492 | Hackelsberger Titus | TC GW Neustadt | 1960 | 0:58:35 | M55 | 55 | 497 | 79,58 |
| 493 | Völker Karl | Post SV Neustadt | 1952 | 0:58:37 | M65 | 17 | 511 | 79,31 |
| 494 | Laudemann Marion | Lußhardtläufer Hambrücken | 1969 | 0:58:52 | W50 | 20 | 163 | 77,30 |
| 495 | Wetzel Stefanie | Lußhardtläufer Hambrücken | 1974 | 0:58:54 | W45 | 14 | 286 | 77,03 |
| 496 | Walter Namyslo | Lußhardtläufer Hambrücken | 1963 | 0:58:58 | M55 | 56 | 525 | 76,50 |
| 497 | Wullings Jan | LSG Karlsruhe | 1947 | 0:59:01 | M70 | 7 | 294 | 76,10 |
| 498 | Possel Jasmin | Klingbachrunners | 1977 | 0:59:02 | W40 | 14 | 599 | 75,96 |
| 499 | Starck Stephan | TSG Eisenberg | 1962 | 0:59:03 | M55 | 57 | 256 | 75,83 |
| 500 | Seifert Jarunee | LC Pforzheim | 1980 | 0:59:04 | W35 | 8 | 249 | 75,70 |
| 501 | Geipel Tobias | TSG Weinheim Move Run Race | 1966 | 0:59:12 | M50 | 70 | 87 | 74,63 |
| 502 | Wild Ralph | Lußhardtläufer Hambrücken | 1960 | 0:59:15 | M55 | 58 | 588 | 74,22 |
| 503 | Koerperich Paul | Marathon-Team Ketsch | 1965 | 0:59:22 | M50 | 71 | 445 | 73,29 |
| 504 | Sandmaier Helga | LAC Insheim | 1958 | 0:59:27 | W60 | 6 | 319 | 72,62 |
| 505 | Kappes Gerhard | LSG Karlsruhe | 1949 | 0:59:35 | M70 | 8 | 133 | 71,55 |
| 506 | Kern Karl-Heinz | LG Rülzheim | 1939 | 0:59:37 | M80 | 1 | 135 | 71,28 |
| 507 | Ewig Matthias | Hirschberg | 1959 | 0:59:38 | M60 | 37 | 366 | 71,15 |
| 508 | Ratzel Martin | . | 1957 | 0:59:45 | M60 | 38 | 209 | 70,21 |
| 509 | Rüffel Jana | VFL Bellheim | 1998 | 0:59:48 | WHK | 12 | 220 | 69,81 |
| 510 | Goldbach Stefan | Ober-Flörsheim | 1962 | 0:59:59 | M55 | 59 | 564 | 68,34 |
| 511 | Alders Regina | LG Allahopp Landau | 1961 | 1:00:01 | W55 | 10 | 425 | 68,07 |
| 512 | German Ferdinand | TUS Otterbach | 1954 | 1:00:10 | M65 | 18 | 550 | 66,86 |
| 513 | Ruppert Theo | TUS Otterbach | 1951 | 1:00:38 | M65 | 19 | 221 | 63,12 |
| 514 | Kämmerer Markus | Für Sandra | 1972 | 1:00:46 | M45 | 53 | 612 | 62,04 |
| 515 | Lang Christian | TV Maikammer | 1974 | 1:00:50 | M45 | 54 | 160 | 61,51 |
| 516 | Huthmacher Ina | SVF Ludwigshafen | 1989 | 1:00:54 | W30 | 12 | 421 | 60,97 |
| 517 | Kilian Susanne | SVF Ludwigshafen | 1963 | 1:00:56 | W55 | 11 | 137 | 60,71 |
| 518 | Schweiger Andrea | TV Seeheim | 1954 | 1:00:58 | W65 | 3 | 625 | 60,44 |
| 519 | Denonville Nadine | Winnweiler | 1983 | 1:01:00 | W35 | 9 | 56 | 60,17 |
| 520 | Held Reinhard | Ludwigshafener LC | 1955 | 1:01:01 | M60 | 39 | 451 | 60,04 |
| 521 | Aab Wolfgang | LC Pforzheim | 1953 | 1:01:02 | M65 | 20 | 377 | 59,90 |
| 522 | Hick Andrea | ASG Tria Hockenheim | 1964 | 1:01:04 | W55 | 12 | 110 | 59,64 |
| 523 | Schlippe Gudrun | LSG Karlsruhe | 1955 | 1:01:05 | W60 | 7 | 231 | 59,50 |
| 524 | Müller-Foell Christoph | MTG Mannheim | 1951 | 1:01:06 | M65 | 21 | 196 | 59,37 |
| 525 | Kripp Nicole | Ludwigshafener LC | 1965 | 1:01:17 | W50 | 21 | 452 | 57,90 |
| 526 | Kruppenbacher Günther | SV Herta Kirrweiler | 1958 | 1:01:18 | M60 | 40 | 532 | 57,76 |
| 527 | Spuck Michael | TG Worms | 1963 | 1:01:28 | M55 | 60 | 520 | 56,42 |
| 528 | Krieg Sara-Cathrin | LT Pirmasens | 1992 | 1:01:38 | WHK | 13 | 509 | 55,09 |
| 529 | Ditter Markus | Reutlingen | 1994 | 1:01:49 | MHK | 36 | 540 | 53,61 |
| 530 | Bach Volkhard | LTF Marpingen | 1959 | 1:02:00 | M60 | 41 | 392 | 52,14 |
| 531 | Lassalle Oliver | Team OX | 1985 | 1:02:08 | M30 | 27 | 162 | 51,07 |
| 532 | Lang Andreas | Jockgrim | 1959 | 1:02:18 | M60 | 42 | 526 | 49,73 |
| 533 | Bopp Mona | SVF Ludwigshafen | 1992 | 1:02:19 | WHK | 14 | 39 | 49,60 |
| 534 | Schwarz Marion | LC Bad Dürkheim | 1958 | 1:02:28 | W60 | 8 | 244 | 48,39 |
| 535 | Bopp Stefan | SVF Ludwigshafen | 1967 | 1:02:33 | M50 | 72 | 38 | 47,72 |
| 536 | Krueger Reinhard | LG Mannheim | 1954 | 1:02:37 | M65 | 22 | 402 | 47,19 |
| 537 | Göller Klaus | Bobenthal | 1963 | 1:02:59 | M55 | 61 | 494 | 44,25 |
| 538 | Sander Kristina | Karlsruher Lemminge | 1988 | 1:03:09 | W30 | 13 | 225 | 42,91 |
| 539 | Lentzer Laura | Karlsruher Lemminge | 1987 | 1:03:09 | W30 | 14 | 165 | 42,91 |
| 540 | Gehlen Elmar | SV Bornheim | 1955 | 1:03:10 | M60 | 43 | 85 | 42,77 |
| 541 | Chaloupková Julia | TV Gimmeldingen | 2002 | 1:03:21 | WJU18 | 4 | 361 | 41,30 |
| 542 | Keller Bernhard | VFL Bellheim | 1960 | 1:03:30 | M55 | 62 | 470 | 40,10 |
| 543 | Zilly-Stump Barbara | memler.de | 1967 | 1:03:36 | W50 | 22 | 301 | 39,29 |
| 544 | Renfer Matthias | TV Wössingen | 1968 | 1:03:36 | M50 | 73 | 212 | 39,29 |
| 545 | Motsch Markus | Team Erdinger Alkoholfrei | 1978 | 1:03:42 | M40 | 39 | 191 | 38,49 |
| 546 | Walter Sonja | TSG Eisenberg | 1964 | 1:04:29 | W55 | 13 | 597 | 32,20 |
| 547 | Wunnerlich Stephan | . | 1962 | 1:04:42 | M55 | 63 | 295 | 30,46 |
| 548 | Rosbach Daisy | A-Team | 1968 | 1:04:46 | W50 | 23 | 559 | 29,93 |
| 549 | Kiesow Alex | A-Team | 1968 | 1:04:47 | M50 | 74 | 560 | 29,79 |
| 550 | Balzulat Anke | KSK | 2002 | 1:04:48 | WJU18 | 5 | 548 | 29,66 |
| 551 | Breininge Harald | FC Arminia Ludwigshafen | 1959 | 1:04:49 | M60 | 44 | 396 | 29,52 |
| 552 | Haubenthal Manfred | Marathon-Team Ketsch | 1939 | 1:05:08 | M80 | 2 | 415 | 26,98 |

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|-----|-------------------------|------------------------------|------|---------|-----|----|-----|-------|
| 553 | Schmidt Ludmila | LAG Saarbrücken | 1957 | 1:05:13 | W60 | 9 | 234 | 26,31 |
| 554 | Kling Gaby | TSV Kandel | 1973 | 1:05:20 | W45 | 15 | 141 | 25,37 |
| 555 | Beyer Bruno | LT Rheinhessen-Pfalz | 1964 | 1:05:46 | M55 | 64 | 307 | 21,90 |
| 556 | Sprung-Schanze Bernh | Klappverein | 1955 | 1:05:58 | M60 | 45 | 555 | 20,29 |
| 557 | Baumann Judith | TV Rheinzabern | 1972 | 1:06:26 | W45 | 16 | 527 | 16,54 |
| 558 | Möwald Reiner | Gutsmuthsrennsteiglaufverein | 1971 | 1:06:27 | M45 | 55 | 499 | 16,41 |
| 559 | Niederrielage Alexandra | LG MuLi | 1957 | 1:06:59 | W60 | 10 | 363 | 12,13 |
| 560 | Liebig Jeannette | LT Rheinhessen-Pfalz | 1973 | 1:07:19 | W45 | 17 | 170 | 9,45 |
| 561 | Bentz Hans-Jürgen | LT Rheinhessen-Pfalz | 1946 | 1:07:20 | M70 | 9 | 324 | 9,31 |
| 562 | Ciz Monika | Land Water Adventures | 1986 | 1:07:50 | W30 | 15 | 50 | 5,30 |
| 563 | Duppke Thomas | LG Mannheim | 1967 | 1:08:16 | M50 | 75 | 353 | 1,82 |
| 564 | Scheuermann Stephan | TSG Grünstadt | 1969 | 1:08:27 | M50 | 76 | 229 | 0,35 |
| 565 | Knecht Anja | www.metropolnews.info | 1970 | 1:08:35 | W45 | 18 | 480 | 0,00 |
| 566 | Strubel Achim | Haßloch | 1959 | 1:09:10 | M60 | 46 | 472 | 0,00 |
| 567 | Pfirmsmann Rolf | VLG Maximiliansau | 1959 | 1:09:42 | M60 | 47 | 206 | 0,00 |
| 568 | Hinkel Robert | LV KÖ Pirmasens | 1937 | 1:09:54 | M80 | 3 | 311 | 0,00 |
| 569 | Anders Anna | LSG Karlsruhe | 1947 | 1:10:06 | W70 | 3 | 8 | 0,00 |
| 570 | Roth Elke | Reitclub Petersau | 1972 | 1:10:18 | W45 | 19 | 382 | 0,00 |
| 571 | Landes Gerhard | TTK Mannheim | 1951 | 1:10:19 | M65 | 23 | 159 | 0,00 |
| 572 | Städtefeld Andy | United Runners of Pfalz | 1984 | 1:10:28 | M35 | 48 | 596 | 0,00 |
| 573 | Buse Siglinde | Marathon-Team Ketsch | 1949 | 1:11:05 | W70 | 4 | 48 | 0,00 |
| 574 | Goebel Lisa | Team Goebel | 1991 | 1:11:06 | WHK | 15 | 93 | 0,00 |
| 575 | Goebel Philipp | Team Goebel | 1988 | 1:11:07 | M30 | 28 | 92 | 0,00 |
| 576 | Riek Simone | . | 1981 | 1:11:47 | W35 | 10 | 214 | 0,00 |
| 577 | Kripp Reiner | Ludwigshafener LC | 1965 | 1:11:51 | M50 | 77 | 423 | 0,00 |
| 578 | Breunig Elisabeth | Marathon-Team Ketsch | 1953 | 1:12:31 | W65 | 4 | 43 | 0,00 |
| 579 | Mickel Klaus-Peter | LSG Karlsruhe | 1944 | 1:13:34 | M75 | 2 | 443 | 0,00 |
| 580 | Mesel Ludwig | LC Bad Dürkheim | 1935 | 1:15:30 | M80 | 4 | 188 | 0,00 |
| 581 | Heft Silke | Vorwärts Dimbach | 1976 | 1:15:35 | W40 | 15 | 104 | 0,00 |